



ALL FOR FALL



A collection of fall learning opportunities for early years programs and families. Choose experiences that reflect the interests, cultures, abilities, and developmental stages of children and families. Encourage open-ended exploration and meaningful conversations during each activity.

Outdoor Exploration

- Nature walks to collect colourful leaves – Explore why leaves change colour
- Pinecone and acorn hunts – count and sort
- Leaf jumping and raking together
- Pumpkin patch visits – compare weights of fall vegetables – measure pumpkins using blocks or string
- Cloud watching and seasonal changes discussion
- Family scavenger hunt using fall treasures

Sensory Experiences

- Leaf sensory bins – sort leaves by size, shape, and colour
- Pumpkin pulp exploration – observe seeds inside pumpkins
- Apple cinnamon playdough
- Corn and grain sensory trays
- Warm soup tasting experience – make a variety of vegetable soups
- Nature texture baskets

Language & Literacy

- Read fall-themed books together
- Create a family fall photo story
- Sing harvest songs and finger plays
- Retell nature walk experiences
- Label collected natural treasures
- Share family traditions about fall

Family Connections

- Family picnic outdoors – invite community members
- Neighbourhood fall walk – choose a different street every week
- Harvest meal preparation together – choose favourite family recipes
- Create a gratitude jar – have available all year long

So much to do throughout all seasons!

